



Kiwanis®

POUDRE GOLDEN K, FT. COLLINS

KiwanisFortCollins.org

August 18, 2026

We meet every Tuesday from 9 to 10 a.m. at the
Fort Collins, CO Senior Center on Raintree Drive-

Coffee & Donuts at 8:30 a.m.

Our mission

Kiwanis is a global organization of volunteers dedicated to improving the world, one child, one community at a time.

Send newsletter info, stories, jokes, etc. to:

goldenk.newsletter@gmail.com

DEADLINE is Friday for next week's issue.

OFFICERS

PRESIDENT

Lloyd Wilson

PRESIDENT-ELECT

ML Johnson

PAST PRESIDENT

Jeannie Craft

SECRETARY

Stu Hirai

TREASURER

Mark Tobin

DIRECTORS:

(2nd of 2 yr. term)

Ron Smith

Bill Woody

(1st of 2 yr. term)

Stephen Andersen

Mike Martin

COMMITTEES AND PROJECTS

GROCERY CARDS

Mark Tobin

FOOD BANK

Bill Robertson

FUNDRAISING

Open

REPORT

VOLUNTEER HOURS:

TO:

Stu Hirai

stuhirai@icloud.com

or

Bill Robertson

bill.robertson@mac.com

PROGRAMS

Today: Kathleen Baumgardner — FOCO Café

UPCOMING PROGRAMS

Aug 25: Chester Wiley — Key Club Updates

Sep 1: Fred Schrekinger — Reflections on Jimmy Carter

INVOCATION

Jolynn Hirai

or

Don Edminster

BIRTHDAYS:

Aug 22: Stephen Andersen

Aug 26: Adam Ashby

ANNIVERSARIES:

Aug 22: Peggy & Brent Reeves

COMMITTEES AND PROJECTS

HOUSE

Perry Irons

Don Edminster

Burr Bridge

COMMUNITY SERVICE

Mike Martin

Stu Hirai

SPIRITUAL AIMS &

WELFARE

Dick Toledano

Allen Green

PROGRAMS

Tom Trebon

SOCIAL

Ron Smith

CHILDREN & YOUTH SERVICES

Jeannie Craft

INTERCLUBS

Bill See

KEY CLUBS

Kevin O'Connell

CHARITABLE FUNDS

Stephen Andersen

FaceBook Page

Jeannie Craft

Web Page

Burr Bridge

NEWSLETTER

Bill Robertson

NEWS AND NOTICES

As was mentioned at last week's meeting, 20-year PGK member, **Ken Tharp**, passed away on August 9th. An obituary follows on the next page. A memorial service will be held at 11AM, September 19th, at the Foothills Unitarian Universalist Church, 1815 Yorktown Ave, in Fort Collins.

The **Eye Openers Taste of Fort Collins** event is September 26-27. Contact **Dave Frick** soon for good slot times to volunteer. Participating in this event earns several \$100 for PGK.

dave.gail.frick@comcast.net

The **PGK 3rd Tuesday Luncheon** is today, at Buffalo Wild Wings, 150 E Harmony Rd., Unit 2a, at 11:30.

We will be packing **Project Smile** goodie bags next week after the regular meeting to distribute at **McBackpack** in September. Since **McBackpack** is our **Signature Project™** all members are requested to participate because this will signify to KI that we are indeed serious about supporting the program.

We will be inducting new members, **Steve Breckenridge** and **Grant Russel** today.

Read or print our newsletters online: <http://www.poudregoldenk-newsletters.blogspot.com>

Visit us at <https://www.facebook.com/PGKiwanis> and <https://Kiwanisfortcollins.org>



Kenneth (Ken) Laverne Tharp

January 1929 — August 2026

Ken Tharp, a Fort Collins community activist, died at home, with family on August 10 at age 97. He was born in Mountain Grove, Missouri in 1929, to Zelma Wade and Chester Arthur Tharp.

When Ken's father was institutionalized with mental illness, his mother returned to her family in Oklahoma while she worked to earn a teaching degree.

While his mother taught in one room schoolhouses, Ken and his brother lived at the Oklahoma Methodist Children's Home for three years and later with various relatives before returning together as a family. He attended Sand Springs High School, graduating in 1946. After graduation, he worked for British American Oil Company while earning a degree in math at University of Tulsa night school.

Ken was drafted into the Korean war, 47th Signal Corps. After service, he returned to take care of his mother after very early open-heart surgery. Following her death, he attended University of Pennsylvania Wharton School, earning a master's degree in local and state government at the Fels Institute.

He served as an intern and purchasing agent at the City of Pueblo, where he met Martha Papo. After marrying in 1958, various jobs took them to Los Altos, CA, subsequently serving as city manager in Warrensburg, MO, and city manager in Longmont, CO.

The family moved to Denver in 1964, with Ken working at Forward Metro Denver, and later served as administrative officer for the director of the Colorado Department of Social Services for 14 years.

After becoming a whistleblower, he left the department and served as a "circuit rider" city manager for six Weld County towns, and later as town manager for Lyons, CO. When he moved to Fort Collins, he joined the State Forest Service.

After retiring in 1992, he devoted more time to his interest in social issues, including the Colorado Social Legislation Network, the United Nations Association, Veterans for Peace, the Bob Geller Book Group, and the Golden K Kiwanis group.

He was proud of his work with Forward Metro Denver in creating the Auraria Higher Education Campus, along with work after the 1965 Denver flood in cleanup and early revitalization of the Platte River through Denver. In Longmont, he helped create the Platte River Power Authority.

He is survived by his wife of 67 years, Martha (Marty), three children, James Micah (Laura Menard), Ronald Wade (Kate Little) and Ann Lenore (KK Moradian). Grandchildren are Kevin Tharp, Jason Tharp, Nancy Ann Little, Kenneth Edward Tharp, John Little, and Jivahn Moradian. In addition, nephews Chet Jr Tharp, Patrick Tharp, and Phillip Roy Moody.

A memorial service will be held at 11 am September 19th at Foothills Unitarian Universalist Church, 1815 Yorktown Ave, Fort Collins.

In lieu of flowers, donations can be made to the ACLU of Colorado, 303 E. 17th Ave, Denver, CO 80203, or a charity of your choice.

August 11, 2026 PGK Kiwanis Meeting – Proceedings

24 - members present, 4 – guest(s), 1 - speaker

President Lloyd Wilson rang the bell at 9 AM and opened the. **Lloyd** reminded members to turn off their cell phones led the Pledge of Allegiance and **Jolynn Hirai** gave the invocation. There was no Sinawik or singing this morning.

Lloyd thanked **Jim Goettl** for being the door monitor.

Lloyd asked if there were any guests present: Four guests, three were prospective members of the PGK.

Welfare of Members and Family: **Bill Woody** shared a personal health issue with the membership. **Lloyd** advised the membership about the passing of **Ken Tharp** (97), this past Sunday.

Secretary's report: **Stu Hirai** advised members there were no birthdays or anniversaries this week. **Bill See** has kindly accepted to be "acting Secretary" on August 18 while **Stu** and **Jolynn** will be out of town.

Treasurer's report: **Mark Tobin** reported that club finances are doing well with \$5,969 in the Service Account and \$3,252 in the Administrative Account. **Mark** thanked the membership for their birthday and anniversary donation checks because money is used to fund service projects. Money in the Service Account is used for Pizza parties (BUG Program), Key Club activities, Empty Bowls, and the Veteran's Day Breakfast.

President's Report: **Lloyd** reminded the membership about the August 25 "Goody Bag" stuffing event where 100% participation is encouraged so the PGK can get credit for total membership involvement in this activity for our "Signature Project (McBackpack and Project Smile)"

Committee reports: **Jeannie Craft** advised members that invitations to submit grant proposals were sent to non-profit organizations this past Wednesday (August 5). If members have a non-profit group in mind, have them submit their application on the PGK website.

Good News/Bad News: **Bill Robertson** announced that ten (10) members of his family were in town last week to attend/participate in an "Ultimate Frisbee," event although he and Mary stayed close to home.

Special Events/Announcements: None

Last week's speaker: Dr. Dale Rellas, "Modern Medicine Update: Direct Primary Care." Tom Trebon introduced the speaker(s) this morning, Kendra and Dr. Dale Rellas (Family Medicine), has a "Direct Primary Care" practice that was created about a year ago. Initially, he was a member of a "traditional" fee for service medical practice that had 1,500-2,500 patients. He and his family life suffered due to the demands of this kind of practice and sought to have a practice that was more balanced for his family and more personal to his patients. Dr. Rellas shared the differences between a "Concierge Practice" and "Direct Primary Care (DPC)" practice. Concierge Practice is a "hybrid" medical practice where monthly fees (usually very pricey) to be a member and uses existing health care insurance of the patient; whereas DPC does not use the patients' health care insurance (do not bill insurance) but charges a monthly membership fee based on age. For example, monthly membership for patients (newborn and infants) age 0-20 years pay \$60 per month (\$720 per year); female and male patients aged 21-64 years of age pay a monthly fee of \$100 per month (\$1,200 per year); and patients 65+ years of age pay a monthly fee of \$125 per month (\$1,500 per year) for unlimited Doctor visits for all age groups. It takes between 400-500 patients to make ends meet. His practice is approaching a stage where another medical professional will be sought. Direct access, longer access, and simple pricing is clear and simple with no surprises when paying the medical bill. Dr. Rellas believes DPC's will increase in number in the future because it is a "break" from traditional medical practices and offers full transparency in costs and cost of care. His practice works with Medicare and is a good fit with Medicare Supplemental Insurance, but Medicare Advantage is still a largely untested area since DPC's are not "in-network" care professionals, unlike UC Health, as an example.



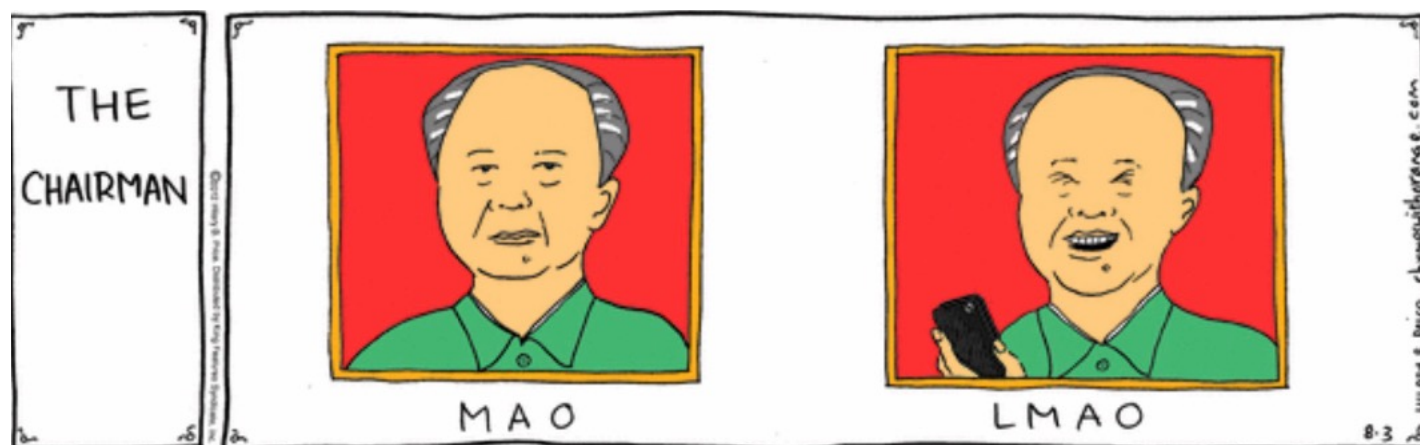
Dr. Dale Rellas

For more information go to the site below where more detailed information can be found:

<https://rellasfamilymedicine.com/>

Wilson adjourned the meeting at 10:00 AM

Submitted by: Stu Hirai, Secretary, PGK Kiwanis



July 14, 2026 – Poudre Golden K Kiwanis Board of Directors Meeting

The PGK Golden Kiwanis Board of Directors Meeting for July 14, 2026: Attending were:

President -	Lloyd Wilson	Board Members:
President Elect -	M.L. Johnson	Mike Martin (2025-2027)
Past President -	Jeannie Craft	Stephen Andersen (2025-2027)
Treasurer -	Mark Tobin	Bill Woody (2024-2026)
Secretary -	Stuart Hirai	Ron Smith (2024-2026)
PGK Club Counselor -	Vacant	

Guest(s) – Robin Ware, Kevin O'Connell, and Andrea Weule (RMD-Governor Elect)

Call to Order – President **Lloyd Wilson** called the meeting to order at 10:10 AM; there was a quorum of members.

Approval of Board Meeting Minutes – **Stephen Andersen** made the motion to approve the June 9, 2026 Board of Director's (Board) meeting minutes which included a discussion about approval by the Board to waive the membership dues for new members for a year as an incentive for recruiting new members. As amended and prepared by the Secretary, a motion to approve the **June 9, 2026** meeting minutes was made by **Stephen Andersen** and seconded by **Ron Smith**. The motion passed.

Secretary's Report – **Stu** reported on the Rocky Mountain District's Convention (DCON) in Pueblo, Colorado August 14-16. Are any members planning to attend?

Treasurer's Report – For **Mark Tobin**, **Stu** addressed the financial report that **Mark** sent out prior to leaving on holiday, sharing monthly financial transactions in the Service and Administrative Accounts from October 1, 2025 to June 30, 2026. There was no discussion and **Stephen Andersen** reported the *Jack Nielsen* fund had about \$450 in spendable funds, essentially, expending this fund for the remaining fiscal year. In another thirty days, we will know for sure how much spendable funds we will have, which looks particularly good for the next fiscal year. **Stephen Andersen** made a motion to approve the acting Treasurer's report and was seconded by **Bill Woody**. The motion passed.

Old Business – 1). Pocket Project protocols in item #2 addressed in the **June 9, 2026** Board meeting minutes, *that protocols are in place and must be adhered to, that three (3) "pocket projects" per year will remain intact and unchanged*. For the remaining fiscal year, there is one (1) "Pocket Project" remaining to be utilized by the end of this fiscal year.

New Business – 1). Reinstatement of the "Membership Committee. A motion by **Lloyd Wilson** was made and seconded by **M.L. Johnson** was made. After a brief discussion, **Wilson** agreed to chair this committee to continue recruitment of new members into to the new fiscal year (2027-2028). The motion was made and seconded, the motion passed.

2). PGK Brochure (updating). **Jeannie Craft** found an old brochure the PGK used. **Wilson** will bring that brochure and a sample to the next Board meeting (August 11). A decision regarding the use of an updated brochure will be tabled until the next meeting.

3). Purchase of a "microphone pin-on" be purchased for use at the Senior Center. A brief discussion ensued to determine the technical specifications for use of this device; and further decisions will be tabled until **Wilson** has an opportunity to meet with Senior Center staff to address the technical requirements and permission to use such a device or a suitable alternative to use during our meetings. The PGK will purchase this device and give it to the Senior Center if allowed by the Senior Center.

4). The CYSC selected the last "Pocket Project" for this fiscal year. *Mujeres de Colores* has requested that \$800 is needed to purchase school supplies for the upcoming school year. There is \$290 remaining from the last "Pocket Project" and \$510 would be solicited from the membership. A motion was made and seconded; and after a brief discussion, the Board agreed that providing these funds would be an excellent candidate for the last "Pocket Project" for this fiscal year.

Kevin O'Connell: Discussed two activities brought to the Board as a "heads-up." During the PGK picnic last month, Lieutenant Governor Chester Wylie of Severance High School requested that a new Key Club be formed at Timnath High School. In order for this to take place, Timnath H.S. will need a faculty advisor and a Kiwanis Club to sponsor this Key Club. If the PGK decides to "adopt" this Key Club, funds from the PGK will be needed and an advisor from PGK will also be required once Timnath H. S. has chosen a faculty advisor. The PGK has donated funds for teens at Classical High School to attend a convention at Estes Park last year. **M.L. Johnson** volunteered to assist **Kevin**. The issue of an advising Kiwanis Club and funding will become an issue if the PGK decides to sponsor. The Board appreciated the "heads-up" from **Kevin**.

The second "heads-up" pertains to addressing the issue(s) the PGK has dealt with at Pizza Parties at *Putnam Elementary School*. **Wilson** and others will be visiting with the new principal to address and resolve issues brought up by **Jeannie Craft** and others prior to the beginning of the school year at Putnam. The PGK has made a number of donations to this school as background as to what and why Kiwanis does for this school. In addition, *Linton Elementary School* is another potential for a BUG (Bring Up Grades) program related to improvement in "reading skills" during the first half of the school year. The budget (funding) for these parties is adequate to add another school for a total of four (4) elementary schools instead of the current three (3) the PGK sponsors. Should the PGK sponsor three (3) schools for the upcoming fiscal year or add another for a total of four (4)? A motion will be made to add Linton Elementary School for a pizza party at the next Board meeting (August 11, 2026-This decision was TABLED).

Andrea emphasized the importance of Key Clubs in High School because they foster leadership and service at a young age.

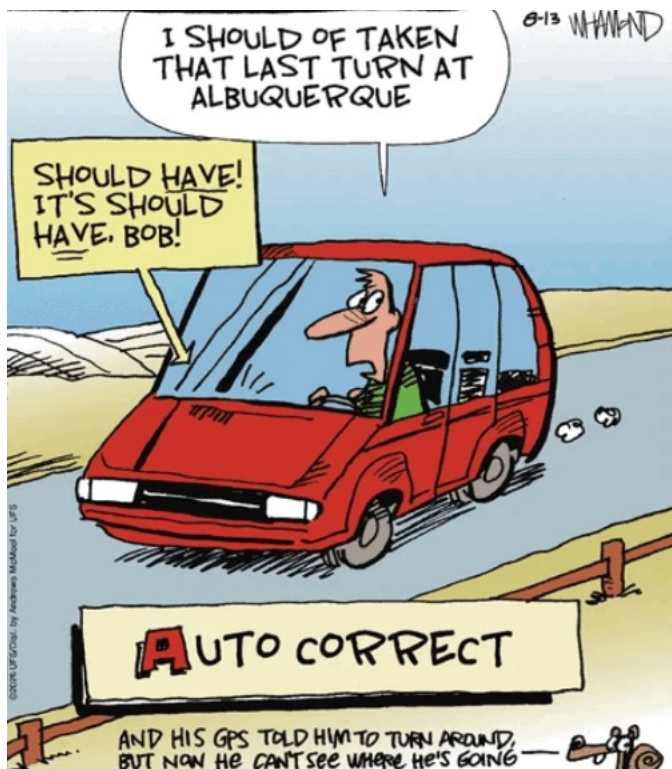
Adjourn – The Board meeting was adjourned at 10:50.

Submitted by – Stuart Hirai, Kiwanis PGK Secretary

Next BOD meeting: August 11, 2026.

The new, expanded, Funnies Page

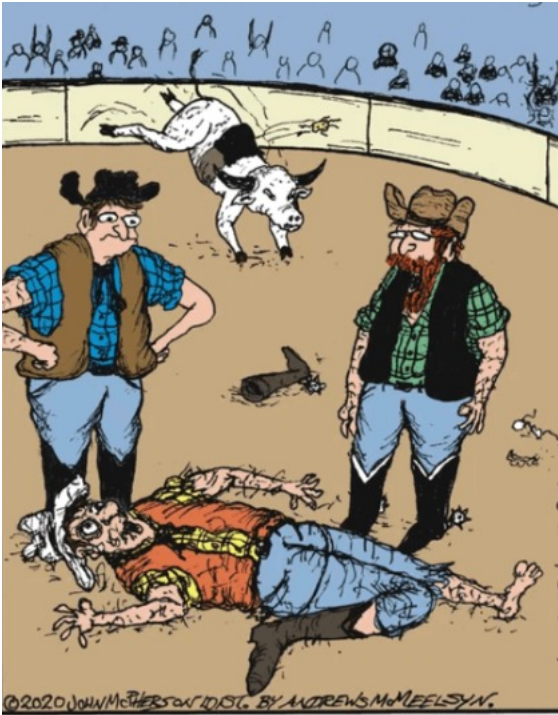
(I mean, have you looked at the news lately? Yikes.)



"This will let the earthlings know we mean business."



The Funnies Page



"Well, after all, this IS his first rodeo!"

WE FOUND IT ALL: THE GETAWAY CARB, PASTATUTES AND BRIEFCASES FULL OF DOUGH. HE'LL BE IN THE PENNE-TENTIARY FOR A LONG TIME.



AFTER THE RAID, RIGA-TONY FINDS HIMSELF IN HOT WATER

CALL OFF THE INVASION!
THE HUMANS HAVE A
PARALYSIS DEVICE!



MY DOG SWALLOWED THE SQUEAKER IN HIS CHEW TOY, BUT HE PASSED IT

HOW DO YOU KNOW HE PASSED IT?

